



**Somatic Learning**<sup>®</sup>  
with Risa Kaparo, Ph.D.

The Art & Practice of

**Embodied  
Mindfulness**

[www.SomaticLearning.com](http://www.SomaticLearning.com)



## Tango as a Practice of Embodied Mindfulness, Intimacy and Musicality

With Risa Kaparo, Ph.D. and Gregory "Grisha" Nisnevich

Tango is an ecstatic dance of exquisite attunement. Celebrate the synergy of dancing with a partner as if you shared one heart and four legs. Grisha, a world-class concert musician and Tango dancer will teach musicality and play with the various rhythmical origins of Tango – demonstrating how these counter rhythms inspire improvisation and engender a dynamic and creative tension with a partner.

*Come alone or with a partner. Open to all levels beginning to advanced.*

Gregory "Grisha" Grisha Nisnevich, a maestro classical guitarist, professional dancer and teacher, tours with his trio "Triunful" and teaches music and tango workshops.



**Kauai, Hawaii**  
December 1-7, 2013

6 evening workshops  
December 2, 4, 5, 6, 7, 8  
7pm - 10pm

Cost:  
\$297  
\$275 with Early  
Bird Discount  
Pre-Registration  
by October 27th, 2013

For more information: visit [www.somaticlearning.com](http://www.somaticlearning.com) or email [inquiry@somaticlearning.com](mailto:inquiry@somaticlearning.com)



**Risa Kaparo, PhD.**

Psychotherapist, Somatic Learning<sup>®</sup> facilitator, author, poet, songwriter and dancer, teaches her approach to self-healing and meditation all over the world, and shares these insights in her book, *Somatic Intelligence: The Art & Practice of Embodied Mindfulness*, and its companion material.